**TEMPLATE**

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**TITLE – SHOULD BE CLEAR AND OBJECTIVE, IN CAPITAL LETTERS**

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**Keywords**: **3-4 keywords to identify your abstract.**

**The main text must contain 2500 characters at most.**

**Introduction:**………………………………………………………………………….…………………………………………………………………………………………….………………………………………………………………………………………….……………………………………………………………………………………………….….**Aim:**……………………………………………………………………………………………………………….……………………………………………………………………………………………………………**Methods:**……………………………………….…………………………………………………………………………………………….………………………………………………………….…………………………………………………..……..**Results:**………………………….……………..……………………………………………………………………………………………………………….…………………………………………………………………………………………….…………………………………………………………………………………………….…………………………………………………………………………………………….………………………………………………………………………………**Conclusion:**……………………………………………………….…………………………………………..………………………………………………………………………………………………………………………………………………………………………………………….

**Acknowledgments:** Financial support must be included.

**References:**At least 1 and maximum of 5 references. Please follow the reference style below

(1) Bruce CR, Thrush AB, Mertz VA et al. Endurance training in obese humans improves glucose tolerance and mitochondrial fatty acid oxidation and alters muscle lipid content. Am J Physiol Endocrinol Metab. 2010;291:99–107.